

**Stephen Hoffman**

From: mailagent@thesoftedge.com on behalf of Jennifer Karper Smith
<mailagent@thesoftedge.com>
Sent: Wednesday, January 5, 2022 9:18 AM
To: IRRC
Subject: Registration of Naturopathic Doctors

CAUTION: **EXTERNAL SENDER** This email originated from outside of the organization. Do not click links or open attachments unless you recognize the sender and know the content is safe.

Dear Commission:

IRRC # 3324
Agency # 16A
ID# 4953

I wholeheartedly support registration of Naturopathic Doctors in Pennsylvania. Registration of Naturopathic Doctors fortifies distinction of their education and training from an accredited naturopathic medical college by the Council on Naturopathic Medical Education (CNME). Registration further assures Pennsylvania residents their Naturopathic Doctor with the N.D. title has the competencies to practice in PA.

I suffered for a long time with constant fatigue before and after having thyroid removal. My current primary care physician is great and after doctoring with another dr in the practice when she found the nodule in my thyroid. I had been doctoring 10 years with fatigue and other issues. After removal of my thyroid my TSH level did not want to stay constant. After about 9 years of trying to get these levels to a constant place and my PCP doing what she could with conventional medicine I decided to see a naturopathic clinician. We took one thing at a time to review and improve my other hormone levels and adrenal issues. I am so much healthier and can again work a full day and still have energy at the end of the day. I highly support registration so you know you are getting someone with scientific knowledge and will work with traditional medications as well. I see many advertisements that supplements will cure everything and you don't need prescriptions. That is not necessarily true. Though many supplements can help if your are deficient in vital areas. Many PCP do not have the time with the caseload they carry to review supplemental needs. I was so pleased with my naturopathic clinician when she said she will work with me and my PCP. My PCP has reviewed the items recommended to me and has no issue with me taking these supplements. Just a shame more PCP's don't recommend naturopathic reviews to help people be their best.

Please take the time to ensure that the general public understands the difference between an education with a 4 year degree in naturopathic wellness and those who take an online class. It takes time to learn all there is and not contraindicate a supplement that could interfere with other medications. I highly support the registration of all individual who are Naturopathic Doctors so a patient can be sure they receive quality care.

Sincerely,

Jennifer Karper Smith
686 Stillmeafow lane
York, PA 17404-1352